

Goldenseal Root Planting Instructions

Goldenseal roots and crowns should be planted immediately or kept refrigerated until planted. Never put them in the freezer!

You can break up larger rhizome pieces of root into smaller pieces (as long as the pieces have at least some hair-roots) and each piece will grow into a new plant.

Plant goldenseal roots in well-drained soil in a shady location, but not so shady that the ground is bare of vegetation. Goldenseal can tolerate up to about ½ day of full sun, but more shade is better.

Plant rhizome roots about 1” deep, horizontally. Spread out hair roots, and make sure the bud (if there is one) is pointing up. The buds should be just under the soil surface. If there is no bud, the root will grow a new one. Mulch well with hardwood leaves 2” to 3” deep. Place tree branches on top of the mulch to keep it from blowing away during winter.

That’s all there is to it!

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